

Ohio Race Walker
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OHIO RACEWALKER



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NATIONAL T&F CHAMPIONSHIPS BRING LITTLE SURPRISE; LEWIS AND TORRELLAS TOP FIELDS

Tampa, Florida, June 18--Yesterday, Maryanne Torrellas successfully defended her national title at 10 Km, winning in 48:25.3. It was her third title in the last four years. This morning, Tim Lewis won his fourth title in a row at 20 Km. Despite a time of 1:29:34, rather pedestrian for Tim, he won by nearly 3 minutes over Ray Sharp. Times in both races were significantly affected by the heat and humidity.

The 29-year-old Torrellas, mother of two, moved out from the start with Teresa Vaill. by the end of 4 laps on the track, the duo had 15 seconds on the field. Vaill led past 5 Km, but Torrellas then took the lead for good. Vaill hung doggedly a step back through about 7500 meters and then gave ground only gudgingly, finishing just 7 seconds back.

In third was sensational newcomer, Wendy Sharp, the only one in the rest of the field to escape being lapped by the front two. Reportedly walking for just 10 weeks, Wendy already has a 49:30 under her belt and survived well in the heat here. Probably receives some assistance from husband Ray.

Vaill, ranked number in this event in 1986, but a disappointing four last year, came back strongly in this one to push the 5-5, 120 pound Torrellas to the finish. The 25-year-old Vaill has won 10 National titles at other distances, but has never managed to win this one.

The results:

1. Maryanne Torrellas, Reebok Racing Team 48:25.3 2. Teresa Vaill, un., 1
Plaines, N.Y. 48:32.5 3. Wendy Sharp, un. Cal. 50:50.3 4. Victoria
Herazo, Valley Race Walkers 52:22.3 5. Mary Howell, Oregon International
52:43.2 6. Karen Rezach, Shore Athletic Club 52:55.9 7. Sarah Standley,
Southern California Roadrunners 54:30.8 8. Martha Iverson, Front Range
Walkers 56:24.1 9. Kim Wilkinson, Monterey Walk Walk Walk Club 56:41.4
DQ--Dorit Attias, Shore AC; DNF Susan Travellin, Walk/USA

In the 20, Tim Lewis had the race pretty much his own way. Sharp was challenged by Steve Pecinivsky for the first 10 Km, with Andy Kaestner and Marco Evoniuk a short distance back. However, Pecinivsky faded the second half, and Kaestner, with another impressive performance, was able to pull clear of Evoniuk.

Neither race drew a large field and there were actually more times as inspectors than racewalkers on the course during both races.

The Men's results:

1. Tim Lewis, Reebok Racing Team 1:29:34 2. Ray Sharp, Mazola Racewalk
Team 1:32:14 3. Andy Kaestner, Parkside Athletic Club 1:32:20 4. Marco
Evoniuk, un. 1:33:04 5. Curt Clausen, Converse/Eastside Race Walkers
1:34:32 6. Steve Pecinovsky, Air Force Track Club 1:34:44 7. Cliff Mimm,

SECOND CLASS POSTAGE
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Shore AC 1:37:32 8. Ray Funkhouser, Shore AC 1:41:01 9. Dan O'Brien, Burlington Runners 1:41:46 10. Mike Rohl, U. of Wisconsin-Parkside 1:43:29 11. Nicholas Bdera, Converse/Eastside Race Walkers 1:44:11 12. Paul Malek, Eastbay Racing Team 1:45:11 13. Dave Cummings, Club Northwest 1:46:19 14. Marc Bagan, Shore AC 1:47:40 15. Dominic Urbano, Central Washington University 1:48:05 16. Brad Knutson, un. 1:48:54 DQ--Mark Manning, un.; Don Lawrence, Team OS-Cal; Richard Quinn, Potomac Valley Seniors.

Judges: Ron Daniel, Chief; Bob Bowman; Laurie Robertson; Darlene Hickman; Lori Maynard; Hilde Laskau; and Henry Laskau.

SOME LATE RESULTS (see other results starting on page 4)--5 Km, Dearborn, Mich., June 18--1. Wally Lubzik 27:42 2. Greg Near 30:28 Women: 1. Val Stowe 30:35 Empire State Games Regional Qualifier, Syracuse, N.Y., June 19: 20 Km--1. Dave Talcott 1:38:31 2. Jim Miner 1:59:24 3. Nelson Fisher 2:00:23 Women's 5 Km--1. Cindy Best 30:22

ORW OUTLASTS THE YELLOW RAGS

In the June 1983 issue of this prestigious journal, under the title "What's That We Smell?", we wrote the following:

"Who among us remembers the Guano Press? Launched by three young radicals--Greg Diebold, Howard Palamarchuk (the same well-respected podiatrist who now heads the race walking's subcommittee on sports medicine), and Gerry Willwerth--in 1972, this infamous rag rocked the race walking world with its scurrilous attacks on the establishment. Nothing was sacred to these purveyors of yellow journalism and no one escaped their barbs. Unfortunately, for those of us who enjoyed their scathing satire (even when directed at our own arch-conservative stance), this scandal sheet was rather short lived as these reckless youths grew up and found better things to do with their lives.

Well, hold your noses! Another band of renegades with time hanging heavy on their hands has emerged. The Guano Press has been resurrected, rising not from sewers and gutters of the Eastern seaboard, but from the supposedly clean, pure mountain air of Colorado. Ah, but the stench certainly belies the pristine origins. Volume I of Race Tight Press (formerly Guano Press) has reached us from Colorado Springs, home of the U.S. Olympic Training Center and some of our nation's top walkers. The staff remains anonymous--unless you want to accept such names as Human Smurf, Gumby, Mr. Potatoe (sic) Head, and the Fly (alias Hymeto).

But obviously, this vituperative rag is the handiwork of walkers in residence at the Center. . . With nothing to do but race walk all day, this crew had to turn their foul, fetid minds to something, lest they decay completely. . . Although some of the 3-page issue is devoted to inside humor--or is just that I am too old, out of contact, and reactionary to understand--it is still worth every cent I paid for it. Perhaps not quite up to Guano standards, but a passable first effort."

But Face Tight too had a very short life and the race walking world again had to rely on the tired old Ohio Race Walker to keep abreast of goings on. And so it remains today. When is the next Guano Press going to emerge so we can know what is really happening out there?

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Note to certain new subscribers: Subscription rates to the ORW went up a couple of months ago. Many of you have seen the ORW mentioned elsewhere, as in Casey Meyer's book, and have sent the \$6.00 mentioned there for a subscription. Rather than asking you to send another buck, I have simply given you a 10-month subscription (5 is to 6 as 10 is to 12, you know). Those who sent \$7.00 for First Class Mail will get 11 months. (I can't send you 10.3 months.). Those starting with this issue who sent just \$5.00 have a subscription through the March issue. Hope this is satisfactory to all concerned.

THROUGH OUR GRAPEVINE, WE HAVE LEARNED OF THESE RACE WALKING OPPORTUNITIES

- Sat. Jul 9--NATIONAL AC 10 KM, NIAGARA FALLS, NY (AA)
 - 5 and 10 Km, Los Angeles (D)
- Sun. Jul 10--5 Km, Houston, 8 am (K)
 - 5 Km, Miami (S)
 - Masters 1500 meters women, 3 Km men, Bangor, Maine (Y)
- Wed. Jul 13--3 Km, Scarborough, Maine (Y)
- Fri. Jul 15--Women's Invitational 10 Km, Indianapolis
- Sat. Jul 16--US OLYMPIC TRIALS 20 KM, INDIANAPOLIS
 - 5 Km, Miami (S)
 - Western Masters 5 Km, Northridge, Cal., noon (D)
 - 1 Hour, Atlanta (T)
 - 3 Km, Portland, Oregon (P)
- Wed. Jul 20--1500 meters, Brewster, Maine (Y)
- Fri. Jul 22--Northwest Masters 2 Km, Gresham, Oregon (P)
- Sat. Jul 23--5 Km, Key West, Florida (S)
 - 15 Km, Joliet, Illinois (W)
 - 2 Mile, Mesa, Arizona, 6 am
- Sun. Jul 24--5 Km, Dearborn, Michigan, 9 am (L)
- Wed. Jul 27--3 Km, Winslow, Maine (Y)
- Mon. Aug 1--10 Km, Seattle (F)
- Wed. Aug. 3--1500 meters, Brewster, Maine (Y)
- Thu. Aug 4--2.8 Mile, Seattle (F)
- Fri. Aug 5--NATIONAL AC MASTERS 5 KM, ORLANDO, FLORIDA (B)
- Sat. Aug 6--3 Km women, 5 Km men, Brunswick, Maine (Y)
 - 5 Km, Dearborn, Mich., 9 am (L)
 - 10 Km, Hollywood, Florida (S)
- Sun. Aug 7--NATIONAL AC MASTERS 20 KM, ORLANDO (B)
 - $\frac{1}{2}$ Marathon, Hawaii (I)
 - 1 Hour, Houston, 8 am (K)
- Fri. Aug 12--5 Km, Buffalo, 6:30 pm (AA)
- Sat. Aug 13--5 Km, Davie, Florida (S)
 - 10 Km, Houston, 8 am (K)
 - NATIONAL AC 15 KM, CHICAGO (MEN, WOMEN, JUNIORS) (A)
- Sun. Aug 14--5 Km, Crestwood, Illinois (W)

Sat. Aug 20--5 Km and 15 Km, Dearborn, Mich. (L)
 Sat. Aug 27--5 Km, Miami, Florida (S)
 Fri. Sep 2--5 Km, Buffalo, N.Y., 6:30 pm (AA)
 Mon. Sep 5--5 Km, Joliet, Illinois (W)
 Sat. Sep 20--5 Km, Milano, Texas, 8 am (DD)
 5 Km, Dearborn, Mich., 9 am (L)
 5 Km, Palm Beach, Florida (S)
 Sun. Sep 11--NATIONAL AC 40 KM, FT, MONMOUTH, N.J. (N)

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SHARP WINS NATIONAL 5

Overland Park, Kansas, May 4--Ray Sharp eased away from Doug Fournier over the last mile to win the National Athletics Congress 5 Km walk today. The two walked in a pack of about six over the first mile and then started to pull well clear. Fournier made a game effort, but could not match the experienced Sharp's pace over the final kilometer. Don Lawrence, hosting the race, led the rest of the field home. Teresa Vail was an easy winner in the women's race, walked earlier in a rainstorm (see May ORW).

1. Ray Sharp (age 28) 20:56.50 (10:22 at 2500 meters) 2. Douglas Fournier (21) 21:03.45 (10:23) 3. Don Lawrence (28) 21:32.10 (10:40) 4. Paul Maler (32) 21:41.14 (10:38) 5. Jim Mann (24) 22:05.17 (10:43) 6. Curt Clausen (20) 22:43.05 (10:57) 7. Mike Rohl (23) 22:49.18 8. Elmer Becker (20) 23:02.41 9. Jennie Becker (17) 23:22.79 10. Steve Renard (27) 23:29.91 11. Brad Knutson (21) 23:58.69 12. Bob Korn (37) 24:02.14 13. David Coutts (32) 24:28.97 14. Tom Coti (36) 25:24.83 15. Steve Tyrer (37) 26:17.49 16. John Schaefer (17) 26:27.37 17. Don Culp (49) 26:32.96 (1st Master) 18. Dale Arthun (45) 27:17.11 19. Joel Nelson (50) 27:21.09 20. William Boyd (29) 27:29.74 21. Bob DiCarlo (54) 27:59.63 22. Tim Smith (32) 28:56.92 23. Willie Coti (32) 29:07.82 24. Steve Nelson (35) 29:48.23 25. Doug Brown (44) 30:19.60 26. Howard Ziegenhorn (57) 30:22.62 27. Bob Jordan (38) 31:00.03 28. Chester Peters (65) 32:05.11

OTHER RESULTS

Maine State 5 Km, May 21--1. Bob Keating, N.H. 22:01 (also first master)
 2. Phil McGaw 24:41 3. Tom Knatt 24:56 (2nd Master) 4. Justin Kuo 26:42

5. Joe Kay 27:48 (3rd master) 6. Kevin McDonald 28:32 Women: 1. Kim Malcolm 28:25 2. Eliza Walbridge 28:56 3. Michelle Steele 29:29 4. Linda Tennies 29:32 1600 meter H.S. walk, Greenlawn, N.Y., June 11--1. Tom Krasnoff, Sachem 6:21.4 (National high school record) 20Km, East Meadow, N.Y., June 11--1. Dan O'Connor 1:27:56 (22:01, 43:49, 1:05:32) 2. Jon Jorgenson 1:44:51 Girl's Eastern States High School 3000 meters, Uniondale, N.Y., June 14--1. Mary Ellen Fitzpatrick, Sayville N.Y. 16:37.5 2. Desires McCauley, Brentwood, N.Y. 16:59.9 3. Nicole Gustafson, Sayville 17:17.9 4. Maura McGee, Sayville 17:22.7 5. Bryan, Washington Irving, N.Y. 17:58.4 6. Griffith, Walt Whitman, N.Y. 18:01.9 Metropolitan Women's 3 Km, New York, N.Y., June 5--1. Maryanne Torrellas, Reebok RT 13:48.12 2. Karen Rezach, Shore AC 15:01.45 3. Susan Travellin, Walk USA! 15:21.79 4. Melody Rivera, Bronx International 18:54.23 Metropolitan 15 Km, East Meadow, N.Y., May 30--1. Paul Schwartzberg, Eastside TC 1:02:46 (New American record, breaking Jim Heiring's 1:03:07 from 1984. Splits 21:02, 41:55) 2. Dave McGovern 1:09:03 (finished 20 Km in 1:32:15) 3. Curt Clausen 1:10:18 (1:34:24) 4. James Mann 1:12:43 (1:38:14) 5. Ed O'Rourke 1:13:26 6. Nick Bdera 1:13:27 7. Reginald Davenport 1:13:37 8. Andy Liles 1:14:08 9. Curtis Fisher 1:14:36 10. David Marchese 1:15:19 11. Reinaldo Hernandez 1:16:00 13. David Mendoza 1:16:20 (1:46:20) 15. John Alfonso 1:19:50 (1:47:57) 16. Todd Scully 1:20:04 17. James Miner 1:24:40 (1:52:05) 18. Bob Ryan 1:26:35 19. Tom Gustafson 1:27:41 20. John Shilling 1:28:58 (first over 50. Gary Null, who I see I left out altogether, was the first master. He was 12th in 1:16:18) 21. Frank Mollignano 1:31:23 22. Howard Jacobson 1:35:52 (28 finishers) Women's 10 Km, same place--1. Deirdre Collier 51:10 (New Junior American record. Deirdre is 18) 2. Dorit Attias 52:29 3. Susan Travellin 55:05 4. Chris Shea 58:38 5. Nora Coman 60:03 (8 finishers)

NATIONAL TAC JUNIOR 3 KM, EAST MEADOW, MAY 30: Men--1. Mark Barber, Stony Brook, N.Y. 13:30 (New American Junior record) 2. Tom Krasnoff, Farmingville, N.Y. 14:36 3. Christopher Edwards, Red Bank, N.J. 14:52 4. Matt McCormack, Sayville, N.Y. 15:41 5. Kenneth Fox, Levittown, N.Y. 16:28 6. Sean Ryan, Lake Placid, N.Y. (age 12) 16:41 Women: 1. Dierdre Collier UW-Parkside 14:56 (National junior record--a day of records at East Meadow) 2. Christine Izzo, Brockport, N.Y. 15:22 3. Maura McGee, Sayville 16:56 4. Migdalia Pagan, Bronx Int. 18:00 5. Nicole Gustafson, Sayville 18:28 6. Jennifer Dermer, Sayville 18:43 Niagara 5 Km Champ., May 28--1. Dick Bales 29:37 Women: 1. Jill Murray 30:39 10 Km, same place--1. Dav Lawrence 51:49 2. Larry Nauka 52:01 (first master) 3. Frank Fina 59:45 (1st over 55) 5 Km, Davie, Florida, May 28--1. John Frederick 23:51 2. Bob Fine 28:13 (1st over 50) Women: 1. Tina Koenig 29:46 5 Km, Pompano Beach, Florida, April 28--1. John Frederick 24:53 2. Bob Fine 28:40 3. Bill Halford 30:22 4. Jorge Lazamora 30:22 Southeastern Masters 20 Km, Raleigh, N.C., May 1: Women--1. Kathy Donley (30-35) 1:54:56 Men: 1. Andrew Liles 1:37:42 (open) 2. Ray Funkhouser (35-39) (about 50 meters behind) 3. Ray McKinnis (45-49) 1:42:35 Other group winners: 40-44--Alvia Gaskill 1:52:43 50-54--John Hines 2:10:58 55-59--Andrew Briggs 2:04:08 60-65--Bob Mimm 1:53:19 65-59--George Heller 2:08:30 70-74--Max Gould, Can. 2:04:51 80-85--Paul Fairbank 2:37:45 10 Km (track), Raleigh, N.C., June 11--1. Ray McKinnis (48) 49:52 2. Alvia Gaskill 53:27 3. Matt Moore (16) 53:27 4. Andrew Briggs 56:40 5. Ken Long (60) 60:48 5 Km, Atlanta: 30-34--1. Terry Harville 26:36 2. Larry Aviles 29:59 35-39--1. David Waddle 23:57 2. Gary Meinken 29:29 45-49--1. Jerry Newsome 29:12 2. Bill Farrell 29:35 55-59--1. Wayne Nicoll 29:37 Women: 1. Carolyn LaBorde 31:31 10 Km, Dearborn, Mich., May 8--1. Gary Morgan 42:52 2. Steve Pecinovsky 44:48 3. Victor Sipes 53:08 (1st master) 4. Walter Lubzik 56:16 5. Gerald Bocci 56:24 3 Km, same place--1. Frank Soby 16:05 5 Km, Dearborn,

May 29--1. Gary Morgan 20:04 2. Max Green 25:21 3. Gerald Bocci 27:37
 4. Bob Campbell 29:53 5. Gary Gray 30:40 Women: 1. Jeanne Bocci 28:41
10 Km, Dearborn, June 11--1. Gary Morgan 41:59 2. Victor Sipes 51:13
 3. Terry McHoskey 54:04 4. Gerald Bocci 55:54 5. Robert Campbell 60:10
 Women: 1. Diana Payne 60:57 10 Km (track), Wheaton, College (Ill.)
March 26 (42 F, strong winds, snow flurries)--1. Mike Stauch 44:08
 2. Andy Kaestner 46:27 3. Mike DeWitt 46:27 4. Jon Jorgenson 47:30
 5. John Marter 51:03 6. Jim Cole 53:40 Women: Deirdre Collier 52:43
20 Km (track), UW-Parkside, April 9--1. Mike Stauch 1:27:26 (21:50,
43:26, 1:05:36) 2. Doug Fournier 1:31:28 3. Mark Manning 1:32:34
 4. Paul Malek 1:32:59 5. Jon Jorgenson 1:37:33 6. John Marter 1:44:51
 (Don Lawrence 45:13 at 10 km) Women's 10 Km, same place--1. Dee Collier
 50:47 2. Sybil Perez 53:45 3. Val Smith 55:10 (Debbie Lawrence 25:24
 at 5 km) 5 Km (track), Univ. of Chicago, April 16--1. John Marter 23:45
 Women: 1. Dee Collier 25:42 2. Sybil Perez 26:43 10 Km (track), Evanston,
Ill., April 22--1. Mike Stauch 41:03 2. Paul Malek 43:58 3. Doug Fournier
45:56 4. Jon Jorgenson 47:42 5. John Marter 49:54 Women: 1. Dee
Collier 49:07 10 Km (track), Elmhurst, Ill., April 30--1. Doug Fournier
43:59 2. Mike Stauch 43:59 3. Jon Jorgenson 47:55 4. John Marter 49:41
North Region 20 Km, Kenosha, Wis., June 4 (track)--1. Jim Heiring
1:28:36 (21:45, 43:59, 1:06:17) 2. Mike Stauch 1:28:36 (same splits)
 3. Andy Kaestner 1:29:59 (22:18, 44:49, 1:07:27) 4. Mark Manning 1:30:13
 (22:20, 44:50, 1:08:05) 5. Richard Quinn 1:30:37 (21:53, 44:18, 1:06:46)
 6. Mike DeWitt 1:30:44 (22:18, 44:50, 1:07:27) 7. Jon Jorgenson 1:45:37
 (50:09 at 10) DNF: Paul Malek, 45:15 at 10 km, stopped at 10 miles;
 John Marter, 1:17:53 at 15 km; Doug Fournier, 47:43 at 10 km, stopped at
 7 miles; Mike Rohl, 50:41 at 10 km, stopped at 6½ miles.
10 Km, same place--1. Don Lawrence 43:42 2. Debbie Lawrence 49:13 3.
Dave Doherty 49:36 4. Sue Klappa 57:02 (Current UW-Parkside students
are Mike Stauch, Doug Fournier, Jon Jorgenson, John Marter, Jim Cole,
Dee Collier, Sybil Perez, and Val Smith. The Parkside AC Club includes
Kaestner, DeWitt, Rohl, Heiring, and Malek) 20 Km, Kenosha, May 22
(track, increasingly strong wind)--1. Mike DeWitt 1:32:10 2. Paul Malek
1:34:20 DNF: Mike Rohl (50:20 at 10 km) 5 Km, Denver, May 1--1. Bill
Hutchinson 23:25 2. Martha Iverson 26:15 3. Bob Carlson 28:56 (29
Finishers) 5 Km, Greeley, Col., April 30--1. Bob Carlson, under 29:00
2. Barbara Hilger under 29 5 Km Lakewood, Col., May 7--1. Bob Newman
28:08 10 Km, Denver, May 14--1. Bob Newman 60:05 Women's 10 Km, Santa
Monica, Cal., June 12--1. Victoria Herazo 49:15.83 2. Paul Kash 54:24.10
3. Mary Hopf 58:04.01
TAC National Youth Road Walk Championships, Walnut, Cal., May 29:
Bantum (9-10) Girls--1. Kendra Helsabeck 20:39.29 2. Heather Stewart
21:00.13 3. Adrienne Nielsen 21:30.85 (Unfortunately, the results do
not designate where the walkers are from, other than club names, such
as SCRR, Pegasus, Wild Cat, etc., which are not too meaningful--except
we do know that SCRR is Southern California Roadrunners) Midget Girls--
1. Naomi Sepulveda 17:37.11 2. Kim Engesser 18:48.37 3. Elizabeth
Robles 18:52.43 4. Ola Matawally 19:51.88 5. Rebecca Villegas 19:58.38
(8 finishers in both these races) Midget Boys--1. Justin Marrujo 20:14.94
(4 finishers) Youth Girls--1. Lisa Frank 29:12.08 (5 Km) 2. Vera Jenkins
29:32.03 3. Carrie Michelson 29:47.41 4. Valerie Daudel 30:41.37 (6
finishers) Youth Boys--1. Michael Tomasulo 25:49.34 2. Chris Halsabeck
27:15.65 3. J. V. Halsabeck 28:13.61 4. William Jenkins 28:13.61
5. Scott Plumber 29:35.40 (8 finishers) Intermediate Girls--1. Denisha
Benda 29:54.6 2. Vickie Jenkins 30:08.39 3. Julie Miller 30:25.33
Intermediate Boys 10 Km--1. Mike Simpson 56:56.98 2. Mat Moore 58:27.83
Young Women 5 Km--1. Cindy Perez 27:08.88 2. Julie Robles 28:37.32
3. Sandie Rodriguez 29:07.58 Young Men 10 Km--1. Lennie Becker 47:15.41

2. Dave Doherty 48:22.74 3. Dan Frank 54:03.4 4. Jesus Orendain, Jr.
 56:28.34 Guests 10 Km: 1. Jon Jorgenson 46:33.52 2. Sarah Standley
 49:49.32 3. Chris Sakelarios 56:55.84
Masters 5 Km, Irvine, Cal., May 28--1. Richard Oliver 26:50 2. Carl Warr
26:57 3. Clyde Hatfield 28:56 4. Richard O'Hara 30:19
 Women: 1. Paula Kash 26:05 2. Jill Latham 29:24 3. Jolene Steigerwalt
 29:38 4. Sheila Smith 29:41 10 Km, Arcadia, Cal., May 15--1. Jim Coots
50:26 2. Dale Sutton 51:01 3. Richard Nester 52:24 3. Brian LaBounty
53:05 5. Richard Oliver 56:50 6. Dave Snyder 57:28 7. Frank Levine
60:01 (15 finishers) Women: 1. Jill Latham 60:54 (8 finishers) 5 Km,
same place--1. Ari Cortez 22:30 2. Carl Warrell 26:40 3. Jesus Orendain,
Jr. 27:38 4. Jesus Orendain, Sr. 28:01 5. Robert Granados 29:54 (10
finishers) Women's 5 Km--1. Cathy Mish 28:37 2. Caroline Underwood 29:
3. Lynne Marsh 29:38 4. Jaye Horowitz 30:25 5. Kathy Blakemar 31:40
(35 finishers timed) 20 Km, San Francisco, June 5--1. Ray Sharp 1:36:39
(21:27, 43:59, 1:07:58--then coasted in) 2. Lawrence Martinez, Mex.
1:49:51 3. Chuck Marut 1:53:24 4. Fred Dunn 1:55:23 5. Bill Penner
2:02:15 6. Giulio DePetra (age 77) 2:14:51 (Marco Evoniuk had 22:10 at
5 Km, but then dropped out) 10 Km, same place--1. Wendy Sharp 49:21 2.
Jack Bray (age 55) 52:18 3. Dan Frank 55:18 4. JoAnn Nedelco 57:43
5. Cindy Paffumi 60:17 10 Km, San Francisco, May 7--1. Fred Dunn 59:43
1 Mile, San Francisco, May 7--1. Dan Frank 8:01 2. Bob Craig (56) 8:40
3. Denise Dunbar 8:41 4. Cindy Paffumi 9:09 5 Km, San Francisco, May
14--1. Jack Bray 26:09 2. Dan Frank 26:19 3. Denise Dunbar 29:21
5 Km, San Francisco, May 28--1. Fred Dunn 27:48 2. Bob Craig 28:35
5 Km, San Francisco, May 28--1. Ron Daniel 29:25 2. Cindy Paffumi 29:46
10 Km, Newburg, Ore., April 29--1. Bob Korn 48:06.2 2. Vance Godfrey
51:43 3. Steve Tyrer 55:27 4. Lisa Sherman 55:28 5. Dane Jaconatti
55:42 2 Miles, Salem, May 1--1. Steve Renard 13:55 2. Bob Korn 14:18
3. Charles Monismith 18:46 5 Km, Keiser, Ore., May 15--1. John Hannan
26:31 2. Charlie Monismith 26:57 3. Tim Sherman 28:43 Women: 1. Julie
Gebron 28:23 NAIA District 11 10 Km, Ashland, Ore., May 14--1. Vance
Godfrey 58:22 2. Troy O'Donnell 58:22 3. Greg Thompson 60:18
1500 meters, Maryland State Games, June 19--1. Jim Wass 6:53 (also 1st
over 35) 2. Mike Stedman 7:08 3. Pauline Stickels 8:56 4. Dick Iukes
(65) 9:06 5 Km, Sunshine State Games, Palm Beach, Florida, June 12--
1. John Fredericks 24:51 (also first over 40) 2. Bob Fine 28:23 (1st
over 55) 3. Dan Stanek 28:57 (1st 45-49) 4. Joseph Chiazza 29:19 5.
Bill Halford 29:53 (2nd 45-49) (Sorry John. Ahead of Halford was
John MacLoughlin in 29:45, second in 55-59)

OVERSEAS STUFF

Great Britain vs USSR, June 19: Mens 10 Km--1. Mikhail Schennikov
 39:27.59 Women's 5 Km--1. Yelena Nikolayeva 21:08.65 (European record)
 WOMEN
10 Km, Potsdam, GDR, March 19--1. Ines Estdt 46:13 2. Uta Kladdtke
48:47 10 Km, Naumburg, GDR, May 1--1. Svetlana Kaburkina, USSR 44:27
2. Yelena Rodionova, USSR 45:19 3. Sari Essayeh, Fin. 46:18 4. Beate
Anders 46:28 5. Erica Alfredi, Italy 47:14 6. Antonella Marangoni, It.
47:59 Jr. Women's 10 Km, same place--1. Anna-Rita Sidotti, It.
48:12 2. Grazia Orsani, It. 48:31 Girl's 5 Km, Russe, Bulgaria, April
17--1. Tatyana Titova, USSR 22:05 2. Alina Ivanova, USSR 22:23 3. Kathri
Born, GDR 22:47 4. Qinkschuu Li, China 23:02 10 Km, same place--1.
Atanaska Dschifkova, Bulg. 46:43 2. Natalia Jaroschenko, USSR 47:41
3. Anna Bok, Poland 48:17 10 Km, Kobenhavn, Den., May 7--1. Ping Guan,

China 47:56 2. Giong Yan, China 48:20 20 Km, Varnarmo, Sweden, May 13--
 1. Kerry Saxby, Australia 1:29:40 (21:43, 43:59--World's Best Performance
 by quite a bit) 2. Mirva Hamalainen, Fin. 1:37:54 3. Monica Gunnarsson
 1:38:48 4. Anne Jansson 1:41:52 5. Kristin Andressen, Nor.
 1:44:57 6. Kerstin Malm 1:51:07 7. Maria Wikner 1:55:02 Jr. 20 Km, same
 place--1. Anita Blåmberg, Nor. 1:39:39 2. Madgalena Pettersson 1:49:20
 3. Lena Stafverfeldt 1:58:02 5 Km, Spain, April 24--1. Kerry Saxby 21:33
 2. Reyes Sobrino 22:16 3. Dana Vavracova, Czech. 22:36 4. Maria Cruz
 Diaz 22:42 5. Jingxue Li, China 23:12 10 Km (track), Fana, Norway, May
 7--1. Elena Nikolaeva, USSR 43:36.5 (World Record, 21:25.5 at 5 Km) 2.
 Natasha Spiridonova, USSR 44:51 10 Km, Bekescsaba, Hungary, April 10--
 1. Andrea Alfoldi 45:46 2. Maria Rosza 45:59 3. Monika Gunnarsson, Swed.
 46:22 4. Ildiko Ilyes 46:43 5. Aniko Szebenzski 47:06 10 Km, Jalapa,
 Mex., March 31--1. Graciela Mendoza 49:14 2. Maria Colin 49:49 10 Km,
 Sesto San Giovanni, Italy, May 1--1. Kerry Saxby, Aus. 45:18 2. Maria Diaz
 Spain 46:34 3. Reyes Sobrino, Spain 47:17 4. Dana Vavracova, Czech.
 47:38 5 Km, Pollenca, Spain, March 20--1. Maria Diaz 22:24 2. Eva Crua
 23:45 10 Km, Maiko, USSR, April 24--1. N. Ryaskina 46:10 2. E. Mihheya
 46:28 10 Km, Gimo, Sweden, May 7--1. Monica Gunnarsson 47:19 2. Anne
 Jansson 47:33 5 Km, Sydney, Aust., Jan. 9--1. Kerry Saxby 20:55.76 2.
 Bev. Hayman 23:56 10 Km, Canberra, Aust., Jan. 26--1. Kerry Saxby 42:14.2
 (mixed race) 3 Km, Sydney, Feb. 20--1. Kerry Saxby 12:14.48 5 Km, Perth,
 March 27--1. Kerry Saxby 20:45.32 (world record) 2. Bev Hayman 23:37
 20 Km, Sydney, April 17--1. Bev Hayman 1:45:12 2. Lisa Harrison 1:51:21
 3. Jane Johnson 1:52:12 10 Km, Vaasassa, Fin., May 21--1. Sari Essayeh
 44:26 2. Mirva Hamalainen 44:54 3. Heli Nevanpaa 48:42 5 Km, Penn Relays,
 Philadelphia, April 28 (obviously not an overseas result, but I have never
 gotten it from domestic sources)--1. Maryanne Torrellas 22:11.55 (American
 record) 2. Lynn Weik 22:39 10 Km, Fredrikstad, Nor., May 15--1. Ping Guan,
 China 46:32 2. Xiong Yan, China 47:55
 MEN
 20 Km, Potsdam, March 19--1. Ronald Weigel 1:22:05 2. Axel Noack 1:22:39
 3. Dietmar Meisch 1:24:21 4. Volkar Umlauf 1:25:26 Junior: 1. Ralf Weise
 1:26:51 50 Km, Naumburg, GDR, May 1--1. Ronald Weigel 3:42:33 2. Dietmar
 Meisch 3:46:55 3. Francois LaPointe, Canada 3:53:46 4. Godfried DeJonch-
 heere, Belgium 3:59:21 5. Bernd Gummelt 4:00:10 6. Antonio Gonzalez,
 Spain 4:02:21 20 Km, Naumburg, May 1--1. Axel Noack 1:20:39 2. Ralf
 Kowalsky 1:20:40 3. Roman Mrazek, Czech. 1:24:38 4. Francisco Vargas,
 Colombia 1:24:38 5. Stefan Johansson, Swed. 1:26:08 6. Jan Staaf, Swed.
 1:26:30 7. Jos Martens, Belgium 1:26:52 DQ--Franz Kostukevits, USSR--
 1:01:29 at 15 km Jr. 10 Km, Russe, Bulgari, April 17--1. Karoli Hirt,
 Romania 41:33 2. Liu Guan, China 41:35 3. Mikhail Hmel'nizki, USSR 41:40
 20 Km, Russe, April 17--1. Lyubomir Ivanov 1:22:38 2. Reima Salonen, Fin.
 1:22:42 3. Simutria Orfonotris, Greece 1:24:11 4. Hristos Karageorgus,
 Greece 1:24:56 5. Edel Oliva, Cuba 1:26:07 6. Marian Dazka, Rom. 1:26:15
 7. Kari Ahoen, Fin. 1:26:34 8. Daniel Vargas, Cuba 1:26:46 20 Km,
 Kobenhavn, Den., May 7--1. Lubomir Ivanov, Bul. 1:28:02 2. Zhou Zhaoen,
 China 1:29:08 20 Km, Varnarmo, Seden, May 13--1. Axel Noack, GDR 1:22:27
 2. Ernesto Canto, Mex. 1:22:52 3. Viliulfo Andablo, Mex. 1:23:00 4. Simon
 Baker, Australia 1:23:07 5. Dietmar Meisch, GDR 1:23:48 6. Jan Staaf,
 Swed. 1:24:22 7. Bo Gustafsson, Swed. 1:24:52 8. Martin Bermudez, Mex.
 1:25:24 9. Stefan Johansson, Swed. 1:25:24 10. Carlos Mercenario, Mex.
 1:25:47 11. Hector Moreno, Col. 1:26:46 12. Andrew Jachno, Aust. 1:26:51
 Jr. 10 Km, Spain, April 24--1. Valentin Massana Gracia 41:01 2. German
 Nieto Montesinos 41:10 20 Km, same place--1. Pavol Blazek, Czech.
 1:20:17 2. Simon Baker, Aust. 1:22:16 3. Sandor Urbanik, Hung. 1:22:20
 4. Jose Marin 1:22:41 5. Ricard Ministral 1:22:51 6. Hector Moreno, Col.
 1:23:20 7. Daniel Montero 1:24:42 8. Jose Urbano, Port. 1:25:01 9.

Antonio Gonzalez 1:26:17 10. Alessandro Pezzatini, Italy 1:26:45 11.
 Darrel Stone, UK 1:28:20 12. Guillaume Leblanc, Canada 1:28:32 20 Km,
 Fana, Norway, May 7--1. Aleksei Pershin, USSR 1:19:22.5 (19:44, 39:28,
 59:19--European record--track) 2. Anatoli Gorschkov, USSR 1:22:28
 50 Km, same place--1. Kristos Karagiorgos, Greece 4:00:16 10 Km, Fana,
 May 8--1. Mikhail Schennikov, USSR 39:02 50 Km, Bekescsaba, Hung., April
 10--1. H. Sonnek, Czech. 3:57:05 2. Laszlo Sator 3:59:40 3. Zoltan Czuk
 4:04:08 4. Jan Coetenbach, Holland 4:04:12 20 Km, same place--1. Sando
 Urbanik 1:23:33 2. Christopher Maddocks, UK 1:23:45 3. Andras Kovacs
 1:26:18 20 Km, Monterrey, Mex., March 27--1. Joel Sanchez 1:25:02 2.
 Pavol Blazek, Czech. 1:25:59 3. Martin Bermudez 1:26:01 4. Roman Mrazek
 Czech. 1:27:19 5. Biliulfo Andablo 1:27:49 6. Kosaka Tadshiro, Japan
 1:28:47 7. Saki Irofumi, Japan 1:29:44 8. Hector Moreno, Col. 1:30:09
 1 Hour, Jalapa, Mex., March 31--1. Pavol Blazek 13,862 meters 2. Roman
 Mrazek 13,830 3. Viktor Mostovik, USSR 13,792 4. Carlos Mercenario
 13,718 50 Km, Mexico City, April 3--1. Hernan Andrade 3:49:38 2. Martin
 Bermudez 3:52:15 3. Valeri Suntsov, USSR 3:55:09 4. Felix Gomez 3:59:17
 5. Victor Sanchez 4:04:52 6. Roman Mrazek 4:06:13 30 Km, Sesto San
 Giovanni, Italy, May 1--1. Josef Pribilinec, Czech. 2:09:51 2. Jose Mari
 2:09:52 3. Raffaello Ducceschi, Italy 2:11:19 50 Km, Barletta, Italy,
 April 17--1. Raffaello Ducceschi 3:44:27 2. Pericelli 3:47:27 3. Sandro
 Bellucci 3:48:08 4. DeGatano 3:54:56 5. Quiriconi 3:59:35 DNF--Maurizi
 Damilano 20 Km, Maiko, USSR, April 24--1. G. Korneyev 1:23:30 20 Km,
 Richmond, Australia, April 9 (Olympic Trial)--1. Simon Baker 1:21:53
 2. Andrew Jachno 1:24:50 3. Paul Copeland 1:25:02 4. Mark Donehoo
 1:27:42 50 Km, Dudinka, Czech., April 10--1. J. Zahoncik 3:58:20 50
 Km, Eschborn, WG, April 24--1. Alfons Schwarz 3:56:14 2. Detlef Heitmann
 4:05:32 20 Km, Diez, WG, March 20--1. Alfons Schwarz 1:26:01 20 Km,
 Lausanne, Switz., May 1--1. Thierry Toutsin 1:27:32 2. Marco Sowa, Lux.
 1:27:49 50 Km, Berlin, May 14--1. Hartwig Gauder 3:46:30 2. Bernd
 Gummelt 3:47:30 20 Km, same place--1. Rubarth 1:28:25 20 Km, Raitio,
 Fin., April 2--1. Reima Salonen 2:09:15 20 Km, Trnava, Czech., May 8--
 1. Roman Mrazek 1:21:53 2. Zdislaw Szlapkin, Pol. 1:22:17 3. Jan
 Zahoncik, 1:24:14 4. Ian McCombie, UK 1:24:33 5. Igor Kollar 1:26:17
 6. Sandor Urbanik, Hung. 1:26:29 7. Daril Stone, UK 1:26:52 50 Km, Chen,
 Fr., April 17--1. J. Marie Neff 3:50:40 2. Alain Lemercier 3:53:15 3. Er
 Noisse 3:53:15 4. Rene Piller 3:54:06 5. Philippe Lafleur 3:58:30
 6. Denis Terraz 3:59:04 7. Thierry Nutin 4:06:21 200 Km, Torcy, France,
 March 19--20--1. Adrien Peulpin 22:19:52 2. Dominique Malthiery 22:42:15
 200 Km, Salles-de-Bearn, Fr., April 9--10--1. Roger Quemener 21:40:47
 2. Jean-Claude Gouvenaux 22:20:17 3. Roger Pietquin 22:23:15 4. Claudio
 Sterpin 22:46:14 1 Hour, Rotterdam, Belg., Jos. Martens 14,720 meters
 30 Km, Amposte, Spain, Feb. 28--1. Jose Marin 2:11:53 2. F. Botonero
 2:14:06 20 Km, Pollenca, Spain, March 20--1. Richard Pueyo 1:25:45
 50 Km, same place--1. Erling Andersen, Nor. 3:49:10 2. Jose Marin
 3:50:30 3. Manuel Alcade 3:53:23 4. Jorge Llopert 3:58:03 5. Leslie
 Morton, UK 3:58:25 20 Km, Fredrikstad, Nor., May 15--1. Baojin Li, China
 1:25:17 2. Zhaowan Zhou, China 1:25:55 3. Zhixian Ge, China 1:27:39
 4. Erling Andersen 1:27:54

FROM HEEL TO TOE

Seems I goofed a bit last month. Several readers complained that they could not read pages 9-14, on which I reproduced a bibliography and a list of race walking clubs and promoters compiled by Bob Carlson. In the copies I have, it is certainly difficult to read in places, though I'm not sure illegible if you want to work at it. But why you should have to. My mistake was copying (and reducing) what was already a rather fuzzy copy and then giving that to the printer. Apologies. I begin a more legible reproduction in this issue and will complete it over the next couple of issues. . . A 5 Km race in Milano, Texas on

September 10 includes a free racewalking clinic by Barbara Ayres. Not sure what her qualifications are, but she is billed as a consultant, trainer, and lecturer in health and fitness, who has been racewalking for 8 years and instructing for 5. Contact Timothy Doss, 3300 Parker Lane, Apt. 254, Austin, TX 78741 for details. . . Also coming up in September is an AAU (not TAC) sponsored National 100-mile walk in Billings, Montana. A National 50 mile walk will be held in conjunction. Race promoter is seeking sponsorship to support all Centurions who want to attend. Contact Carl at Box 576, Columbus, MT 59019 for further details. . . Regarding the rankings I ran from the Danish magazine Gangsport last month (you'll recall I couldn't interpret the accompanying explanation), Gayle Johnson, from here in Columbus, sent the following note (rather left it on my car one evening as I was working out): "Dr. Bach-Nielsen says that the lists are a vote of the best racewalkers for the two distances over the 75 year history and that the brief paragraphs below each list represent the author's personal favorites. Who voted, or how, or on what criteria remains unstated. Criteria for choosing Dr. Bach-Nielsen were: a. his name B. he speaks with a Danish accent c. he comes from Copenhagen d. he smokes a pipe e. more than one of the above answers is correct f. proximity" . . . Further explanation comes from Helene Britton, in far off New York, who had an IAAF publication which carried similar lists for all T&F events. From that document: ".....the International Athletic Foundation Council proposed a vote among the Athletics family to find the top ten athletes in each standard event of the past 75 years. A list of 1000 voters was drawn up, consisting of IAAF Council members, member federations, athletes, press, television, statisticians, etc. This vote is in no way an official definitive list. Its intention was to reflect the glorious heritage of the past 75 years and recall its greatest names. It is hoped that this list will not end the debate, but in fact stimulate more discussion. It is satisfying to note that the passage of time cannot dim the memory of the great athletes past, and the sport must do everything to maintain such recognition among its future fans." . . . Henry Laskau was again by-passed in the vote for new members of the Track and Field Hall of Fame. Those named from the list of 11 candidates were Greg Bell, long jumper; Corder Nelson, founder of T&F News; Martin Sheridan, weight man; and Barbara Ferrell, sprinter. . . Julie Morrison, editor of Running Journal, has published a booklet on race walking (14 pages of text, that touches briefly on all aspects. It's available for \$3.00 from Running Journal, PO Box 157, Greenville, TN 37744. . .

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A BIBLIOGRAPHY OF INTERESTING WALKING AND HEALTH BOOKS

compiled by Bob Carlson (prices, when given, are as of 1987)

- Alongi, Frank, Introduction to Racewalking. Order directly from the author at 26530 Woodshire, Dearborn Heights, MI 48127, \$5.00, pb.
Bowman, Bob, U.S. Racewalk Handbook. c/o The Athletics Congress, Box 120, Indianapolis, IN 46206 (published yearly), pb.
Carlson, Bob and Seiden, O.J., MD, Health Walk to Total Fitness For All Ages, 1988, \$12.95, pb.
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Gray, John, Racewalking for Fun and Fitness, Prentice Hall, 1985, \$16.95 hb, \$6.95 pb.

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Jacobson, Howard, Racewalk to Fitness, Simon and Schuster, 1980, \$4.95, pb. Order directly from author at Box M, Livingstone Manor, NY 11750.
Keshiva, Anne and Rippe, James, MD, Fitness Walking for Women, Raben Publishing Co., Boston, MA, \$9.95 pb.
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Meyers, Casey, Aerobic Walking, Vintage (New York), \$7.95 pb.
Morrison, Julie, Racewalking. . . how to get started, Running Journal, \$3.00.
Pleas, John, Ph.D., Walking, W.W. Norton, \$12.95, pb.
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Stutman, Fred A. MD, Walk-Don't Run--Stay Fit Without Killing Yourself, Med Manor Books, 1984, \$8.95, pb.
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Sweetgall, Bob, Fitness Walking, Putnam, 1985, \$8.95, pb.
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Sweetgall, Rob and Bignorn, John, The Walkers Journal, Creative Walking, Inc., 1986, \$8.00, pb.
Walking Magazine, (National magazine covering walking of all kinds with articles of interest to all walkers, but very limited race walking coverage), PO Box 56561, Boulder, CO 80322-6561, \$12.00/yr.
Wallace, Gordon, The Valiant Heart, Ralph Towner Assoc., 1982, \$14.70, hb, order directly from author at 102 Aztec St., Prescott, AZ 86301.
Winkler, Simon, Walk, Don't Run, Windward Publishers, 1981, \$4.95, pb.
Yanker, Gary, The Complete of Exercise Walking, Contemporary Books Inc., 1983, \$8.95, pb.

For those looking toward high-level competition, your editor would most recommend Hopkins and Rudow from this list. For those wanting to race walk, but with more modest goals, Jacobson's book is tops, and Gray and Meyers well worthwhile.

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OLYMPIC 20 KM TRIALS

Racewalking returns to Indianapolis on July 16 to select three men to compete at 20 Km in the Seoul Olympics. At the same venue in April, Carl Schueler, Marco Evoniuk, and Andy Kaestner qualified at 50 Km. All three have also met the qualifying standard at 20, but their at this time are not known to your editor.

The only sure thing about these trials, at least from this corner, is that, barring a broken leg or something equally disastrous between now

and the 16th, Tim Lewis will be on the team--no doubt leading the way. This is simply a head above anyone else at this distance right now, he doesn't have bad races when it counts, and if he gets DQ'd the rest of the field should already have gone that route. So we know who one of our representatives will be.

The other two spots? If Carl Schueler chooses to double, he is probably a good bet, consistently our number two man at the distant in recent times. Assuming Carl is concentrating only on the 50, we look to Ray Sharp. He should make it, but consistency has never been his strong point. Paul Schwartzburg is certainly a contender. He had a 1:26:39 back in March, a recent record at 15 Km, and the experience of last year's World Cup participation. He could easily come second in the trail regardless of who else is there and how well they are walking. Our premier walker at the distance in the early '80s was Jim Heiring, a member of both the 1980 and 1984 Olympic Teams at 20. Slowed somewhat by injuries in recent years, he has concentrated more on 50. However, his recent 1:28:36 shows he is ready to make a serious bid to win the spot he just missed at 50 (fourth place). Gary Morgan has become very consistent in the 1:27 range and is determined to make this his big year. The great veteran, Dan O'Connor, also disappointed at 50, broke 1:28 recently to announce that he is still a strong contender at 20. Mike Stauch and Paul Wick are capable of beating any of these guys, and, of course, so is Marco Evoniuk, if he chooses to double.

Obviously, we can expect to see a terrific race. The final slot on the team could easily come down to a five or six man race over the last kilometer. Tim Lewis won't be involved in that, but all the others mentioned above could be. If I have to go out on a limb, I'll say Lewis, Sharp, Schwartzburg. I guess the only surprises to me, though, will be if Tim Lewis does not make it, or if anyone outside those mentioned does.

On the evening before the Trial, the women will have an invitational 10 Km, looking toward the hoped for inclusion of the event in the 1992 Olympics. Originally, a qualifying time of 52:00 had been set for the event. Now they plan to invite the top 15, which, as of June 15, includes two who have not hit 52:00. The top 20 at that date were: Maryanne Torrellas, 46:28 (the qualifying period began April 21, 1987), Teresa Vaill 46:50, Lynn Weik 46:51, Lisa Vaill 47:32, Debbie Lawrence 48:23, Sara Standley 49:00, Dee Collier 49:08, Victoria Herazzo 49:16, Wendy Sharp 49:30, Mary Howell 50:10, Carol Brown 50:54, Esther Lopez 51:47, Karen Rezach 51:55, Susan Travellin 52:21, Dorit Attias 52:27, Viisha Sedlak 52:48, Kim Wilkinson 52:51, Nora Comans 53:31, Sybil Perez 53:45, and Sue Klappa 55:03. It is known that some of these women will not compete, so the exact field is not yet determined. Further qualifying times could come in, too.

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LOOKING BACK

25 Years Ago (From the June 1963 Race Walker, edited by Chris McCarthy)--The National 50 Km, held in Detroit, went to that same editor, Chris McCarthy, in 4:44:55, nearly 10 minutes ahead of Ron Laird. Alex Oakley dropped out at about 23 miles at 23 miles, as the temperature soared to 87 F. The OTC's Jack Blackburn was a distant third. . . Oakley won the Canadian 20 Km in 1:34:44. . . In the US-USSR match in Moscow, Gennadiy Solodov ignored temperatures in the mid-80s to win in 1:33:45, with Vladimir Zorin second in 1:35:06. Ron Zinn and Ron Laird went through 15 Km in about 1:12, but then faded badly to 1:41:34 and 1:42:24. . .

Jack Blackburn continued his sprint mastery over Jack Mortland, winning the Ohio 1 Mile title in 6:55.5. Blackburn also had a 39:13 for 5 miles and a 31:11 for 4 miles while Mortland was off honeymooning.

20 Years Ago (From the June 1968 ORW)--Paul Nihill held off the challenge of two Americans to win the British 20 Mile title in 2:35:07. Larry Youn was second in 2:37:04 and Don DeNoon just behind Shaun Lightman in fourth with 2:39:50. . . DeNoon recorded a fast 3 Km 2 weeks later in capturing the National AAU title in 12:37.9. Ron Laird was second in 12:40.6, Larry Young third in 12:49.4, and Tom Dooley fourth in 12:57.4. . . In a Philadelphia 30 Km race, Dave Roamsky recorded 2:28:46 to easily beat Bob Kitcher (2:33:32). . .

15 Years Ago (From the June 1973 ORW)--The National 3 mile title went to John Knifton in 21:36.4 while Jerry Brown won at 15 Km in 1:12:26. Ron Laird (21:45) and Bill Ranney (21:49) trailed Knifton in the Bakersfield heat, and Laird was also second in the 15 (1:14:22), contested in the altitude at Boulder. . . Randy Mimm won the Junior 10 Km in 51:45. Mimm qualified to compete against the Soviet Juniors and thus became the first son of an international walker. (Bob, 1960 Olympics) to gain international status. . . Ron Laird won the Zinn Memorial 10 Km in Chicago with a 46:23. The women's title went to Jeanne Bocci in 54:29. . . East Germany won both races in an International match with Italy, France, and Sweden, Karl-Hein Stadtmueller doing 1:27:38 and Peter Selzer 4:02:35. . . West Germany's Bernd Kannenberg beat the Soviets in a dual meet with a 1:27:19 for 20. . .

10 Years Ago (From the June 1978 ORW)--Augie Hirt moved through 100 Km in 10:19:00 to win the National title in Lafayette, Colorado. Allen Price was second in 1:51:46. . . There were four races at the National T&F Meet that year. Susan Liers won the Women's 5 Km in 25:46, well clear of Sue Brodock and Chris Shea. Brodock came back to win the 10 Km in 52:18, with Paula Kash-Mori, fourth at 5, beating Liers 53:01 to 52:29. Liz Dufour was a second back of Liers. John Berendt won the men's 5 Km in 22:31.6, just ahead of Carl Schueler and Wayne Glusker. Marco Evoniuk was fourth. In the 20, Todd Scully moved well clear over the second half to win in 1:34:46. Larry Walker had 1:35:27, Dan O'Connor 1:36:20, Tom Dooley 1:37:08, and Evoniuk 1:38:38. . . The Mexicans cleaned up in Europe. Raul Gonzalez set a world's record on the track in Norway with 3:52:24, and Daniel Bautista had 20 Km wins in Norway (1:25:10), Madrid (1:23:28), and Sweden 1:25:54, beating most of the best Europeans in the process. . . England's Derek Harrison broke the world mark for 24 hours, going 219.5 Km.

5 Years Ago (From the June 1983 ORW)--At the Athletics Congress Outdoor Championships, Jim Heiring and Susan Liers-Westerfield both won their third straight title. Susan controlled the 10 Km race all the way to win in 50:58. Debbie Lawrence was 42 seconds back, with Sam Miller third in 52:50. Surprising newcomer, Maryanne Torrellas, was just 2 seconds behind Miller at the finish. Heiring was also in full control at 20 (Both races were on the track) as he won in 1:26:55. Marco Evoniuk trailed by 50 seconds and Dan O'Connor took third in 1:29:38. Tim Lewis started the final 400 meters 11 seconds back of Todd Scully, but stormed through that final lap to overhaul the veteran (1:30:18 to 1:30:23) for the fourth spot on the U.S. World Cup team. . . The annual races in Naumburg, GDR went to Soviet Nikolai Polozov (1:22:37) and Ronald Weigel (3:41:31) of the host country. . . Raul Gonzalez walked two 50 Km races in just 3 weeks--3:51:51 in Mexico and 3:51:37 in Czechoslovakia. . . Susan Liers-Westerfield also won the National 5 Km on Long Island in 24:41.6.

FROM RACE WALKING WORLD STATISTICS

Women's

World-Record Track Events
as at 31st. of December 1987

5000 m: WR	21.20,2	Yan Hong	CHN	Xinglong	29 Mar 87
10000 m: WR	43.52,1	Chen Xiaoling	CHN	Zhengzhou	24 Oct 87

World Best Performances

TRACK

1 mile:	6.43,59	Giuliana Salce	ITA	Ancona	15 Aug 85
2 miles:	13.59,93	Giuliana Salce	ITA	Formia	12 Jul 87
100 miles:	21:42.14,0	Beverly LaVeck	USA	Chula Vista	20-21 Nov 82
1500 m:	6.03,3	Kerry Saxby	AUS	Sydney	23 Nov 85
3000 m:	12.20,07	Kerry Saxby	AUS	Canberra	20 Jan 87
15000 m:	1:15.37,9	Anne Jansson	SWE	Stockholm	25 Oct 87
20000 m:	1:41.33,9	Anne Jansson	SWE	Stockholm	25 Oct 87
25000 m:	2:22.04,4	Lucyna Rokitowska	POL	Zabrze	9 Oct 83
30000 m:	2:56.36,0	Cinzia Chiznda	ITA	Limbiato	18 Oct 86
35000 m:	3:33.35,4	Zofia Turosz	POL	Warszawa	12 Oct 85
40000 m:	4:06.21,8	Zofia Turosz	POL	Warszawa	12 Oct 85
50000 m:	5:13.49,8	Zofia Turosz	POL	Warszawa	12 Oct 85
100000 m:	1:58.20,0	Beverly LaVeck	USA	Arlington	5 Dec 83
200000 m:	9:23.54,0	Ann Sayer	UK	Nottingham	11-12 Apr 82
1 hour:	12.644m	Giuliana Salce	ITA	Ostia	25 Apr 86
2 hours:	22.239m	Jana Zarubova	CS	Praha	12 Oct 85
3 hours:	30.393m	Lucyna Rokitowska	POL	Zabrze	9 Oct 83
24 Hours:	186.731m	Ann Sayer	UK	Manchester	20-21 Jun 82

World Best Performances

INDOOR TRACK

1 mile:	6.28.46	Giuliana Salce	ITA	Genova	16 Feb 85
2 miles:	14.02.22	Giuliana Salce	ITA	Genova	21 Jan 87
1500 m:	6.01.16	Maryanne Torrellas	USA	E. Rutherford, NJ	14 Feb 87
3000 m:	12.05.49	Olga Kristoph	SU	Indianapolis	6 Mar 87
5000 m:	21.44.52	Giuliana Salce	ITA	Torino	20 Feb 86
10000 m:	48.56.4	Natalija Spiridonova	SU	Moskva	3 Jan 87

World Best Performances

ROAD

5 km:	20.34	Kerry Saxby	AUS	Hildesheim	24 Sep 87
10 km:	42.52	Kerry Saxby	AUS	Hobart	19 Jul 87
15 km:	1:09.33	Kerry Saxby	AUS	Canberra	13 Jul 85
20 km:	1:32.52	Kerry Saxby	AUS	Canberra	14 Jun 87
25 km:	2:12.38	Sue Cook	AUS	Canberra	20 Jun 81
30 km:	2:45.52	Sue Cook	AUS	Melbourne	5 Sep 82
35 km:	3:22.17	Susan Liers	USA	Monmouth, NJ	26 Sep 82
40 km:	3:39.43	Anne Jansson	SWE	New York	27 Oct 85
+ New York Marathon = 42.195 kms.					
50 km:	5:01.52	Lillian Millen	UK	York	16 Apr 83
100 km:	10:57.50	Annie v.d.Meer	NET	Rouen	10 May 86
200 km:	22:36.46	Annie v.d.Meer	NET	Rouen	10-11 May 86
100 miles:	18:06.10	Annie v.d.Meer	NET	Rouen	10-11 May 86
24 hour:	211.250m	Annie v.d.Meer	NET	Rouen	10-11 May 86

Junior World Record

5000 m:	21.30.92	Oksana Shchastnaya	SU	Birmingham	7 Aug 87
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JUNIOR WORLD BEST PERFORMANCES: TRACK:

3000 m:	12.39,1	Wang Yan	CHN	Beijing	29 Mar 86
10000 m:	44.26,7	Jin Bingjie	CHN	Xinglong	31 Mar 87

Road:

10 km:	43.45	Jin Bingjie	CHN	New York	3 May 87
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ALL-TIME

10 kilometres road

42.52	Kerry	Saxby	AUS	61	1	Hobart	19 Jul 87
43.22	Olga	Kristop	SU	57	1	New York	3 May 87
43.35	Irina	Strachova	SU	59	2	New York	3 May 87
43.45	Jin	Bingjie	CHN	71	3	New York	3 May 87
43.57		Saxby			4	New York	3 May 87
43.57	Jelena	Nikolajeva	SU	66	5	New York	3 May 87
44.04		Nikolajeva			1	Novopolzk	12 Jul 87
44.12		Strachova			1	Roma	1 Sep 87
44.14	Yan	Hong	CHN	66	1	Jian	16 Mar 85
44.23		Saxby			2	Roma	1 Sep 87
44.28	Guan	Ping	CHN	66	2	Jian	16 Mar 85
44.33	Jelena	Rodionova	SU	65	1	Charkov	5 Sep 87
44.38		Strachova			1	Zitomir	26 Sep 86
44.40		Strachova			1	KM Stadt	21 Jun 87
44.42		Yan Hong			3	Roma	1 Sep 87
44.43		Kristop			1	Penza	23 Aug 86
44.45	Xu	Yongjiu	CHN	64	3	Jian	16 Mar 85
44.45	Lidija	Levandovskaja	SU	62	2	Charkov	5 Sep 87
44.48	Maria	Cruz-Diaz	ESP	69	4	Roma	1 Sep 87
44.51	Jelena	Veremejcuk	SU	59	1	Kijev	11 May 87
44.52		Kristop			1	Penza	5 Aug 84
44.53		Saxby			1	Canberra	10 May 86
44.54		Nikolajeva			5	Roma	1 Sep 87
44.55	Tamara	Kovalenko	SU	64	1	Donezk	7 Jul 85
44.55	Ljudmila	Chrusceva	SU	55	2	Donezk	7 Jul 85
44.55	Vera	Ossipova	SU	57	1	Leningrad	4 Aug 85
44.55	Natalja	Spiridonova	SU	63	3	Charkov	5 Sep 87
44.56		Kristop			2	Zitomir	26 Sep 86
44.58		Kristop			1	Soci	22 Feb 87
45.02	(16)/30	Kristop			2	Leningrad	4 Aug 85
45.02	Graciela	Mendoza	MEX	63	6	New York	3 May 87
45.04	Olga	Jarutkina	SU	60	2	Penza	5 Aug 84
45.04	Natalja	Serbinenko	SU	59	2	Soci	22 Feb 87
45.06	Ann	Peel	CAN	61	7	New York	3 May 87
(20)							
45.06	Tamara	Kovalenko	SU	64	4	Charkov	5 Sep 87
45.07	Natalja	Jeromolenko	SU	57	5	Charkov	5 Sep 87
45.09	Dana	Vavracova	CS	54	1	Trinec	17 Aug 87
45.09	Monica	Gunnarsson	SWE	65	6	Roma	1 Sep 87
45.12	Natalija	Omitrotsenko	SU	66	4	Leningrad	4 Aug 85
45.15	Olimpiade	Ivanova	SU	70	6	Charkov	5 Sep 87
45.17	Li	Sujie	CHN	66	4	Jian	16 Mar 85
45.19	Susan	Cook	AUS	58	1	Canberra	19 Jul 86
45.23	Svetlana	Karbukina	SU	67	7	Charkov	5 Sep 87
45.24	Anne	Jansson	SWE	58	9	New York	3 May 87
(30)							
45.33	Aleksandra	Grigorjeva	SU	60	1	Soci	21 Feb 86
45.33	Maria d.l.	Cruz/Colin	MEX	66	3	St. Leonard	5 Oct 86
45.35	Galina	Mudrik	SU	67	9	Charkov	5 Sep 87
45.37	Maria	Sobrinio-Reyes	ESP	67	9	Roma	1 Sep 87
45.38	Sally	Pierson	AUS	63	1	Melbourne	8 May 82
45.39	Jevgenija	Michejeva	SU	69	10	Charkov	5 Sep 87
45.42	Lisa	Langford	GBR	67	11	New York	3 May 87
45.43	Valentina	Ksenofontova	SU	64	4	Ceboksary	25 Apr 87
45.45	Kjersti	Iysse	NOR	72	1	Jalapa	5 Apr 87
45.49	Nadezda	Prudnikova	SU	54	2	Moskva	27 Jul 86
(40)							